

(1) A sample chart may help you to identify concurrent events and patterns here is Maria's chart:

DATE	RELATIONSHIP	CHILDREN	EMPLOYMENT	PARENTING	VIOLENCE & ABUSE
2006	Met in Spain in March. Maria was a waitress at a restaurant and Juan was in town visiting family since moving to Canada 3 years earlier.	N/A	I was a waitress. Juan was a big rig mechanic	N/A	none – They are together in Spain many days during his visit and he proposed at the end of his stay (about 6 weeks)
2007	Had small private wedding in Spain on New Year's Day. Juan returns to Canada a week later and sponsors her. Maria is approved for PR in November and moves to Canada in time for Christmas.	N/A	No change	N/A	Maria says that every time they argue he threatens to call immigration and cancel the sponsorship. She believes that they are only arguing because they are still in two different countries. When she arrives in Canada she believes the arguments will stop.
2008	Living together at Juan's rental apartment 1075 Stanley Avenue.	Maria is pregnant in March and has Marc premature on November 3 rd .	Juan is working as a mechanic. Maria does some waitressing for a few months before she is too pregnant to continue.	When Marc is born premature, Juan is only at the hospital for a couple of hours, but then goes to celebrate with his friends. Maria is sole caregiver.	Juan blamed Maria getting pregnant so soon and he grabbed her by the shoulders and shook her hard, Maria was very scared. Maria describes a lot of tension in the home during this time, she describes trying to keep him from getting angry (I asked her if it was like walking on eggshells and she agreed).

					<p>Throughout the pregnancy Maria avoided asking for anything. They have a shared account for all their money, but she doesn't have her own debit card. Sometimes it takes Juan weeks to buy her things she needs, so she starts to hide away some of her tips in a hole in the lining of her purse.</p> <p>Juan discovered her prenatal vitamins and she told them that a coworker had a miscarriage and gave them to her and was going to give her some maternity clothes too - she used her tips to buy the clothes.</p> <p>Two days after Marc comes home from the hospital Juan comes home from work and the house is a mess and dinner hasn't been started and he pushed Maria and called her lazy. He told baby Marc "how unlucky are you to have such a lazy mom".</p>
2013	Moved to 108 15 th Street.	Marc is starting kindergarten	Maria was a stay at home mom because daycare cost more than she made as a waitress. She occasionally took up seasonal	Maria does all the caregiving. On the few occasions she needs Juan to watch Marc so she can take a shift, he gets angry and is moody for days. One time he fell asleep while watching Marc and Marc got outside	Juan refuses to do any housework and forces Maria to be responsible for everything. He also doesn't provide Maria with any money, so she has to take occasional jobs to have spending money for small things. She relies on her parenting group to give her gift cards for safeway so she can buy tampons and

			<p>shifts and catering gigs.</p> <p>Juan moved to a different company this year to earn more money</p>	<p>and a neighbour had to call 911 because Juan didn't answer the door when he knocked. So she had to get her friends to watch Marc when she would take shifts and she also took fewer shifts.</p>	<p>things like granola bars so she can go away from the house with Marc during the days.</p> <p>Juan seeks to isolate her by getting upset that she has "all this time for her new friends" and is accusing her of having an affair with one of the dad's at the music time playgroup. Maria stops attending.</p>
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(2) A sample calendar that may help your client keep track of evidence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Juan calls 4 times today.	5	6	7 Juan calls 7 times today.
8	9 Juan reduces the amount of money in the budget that I can spend on the kids after-school programs.	10	11 Juan calls me 10 times today.	12	13 Juan gets home from work trip.	14
15 Juan drives Marc to his soccer game. He takes away my house key and does not let me leave the house all day.	16	17 Juan yells at me in front of the kids.	18 Juan pushes me against the wall.	19 At 5:00pm, Juan locks me in the bedroom for the rest of the night.	20	21 Juan calls me insulting names.
22	23 Juan does not go to work. He follows me around the whole day as I get groceries, pick up the kids, etc. He wants me to prove I do not spend too much during the day.	24	25 Juan yells at me in front of the kids.	26 Juan calls me twice, while we are both at work, about my spending.	27 Juan is at the pub and forgets to pick Marc up from soccer. He threatens to hit me if I leave the house to pick Marc up. He asks me to give him Marc's coach's phone number. The	28 Juan yells at me because he thinks I tried to sneak out of the house to pick up Marc.

					coach drives Marc home.	
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